

AQUATIC TEAMS

SUMMER 2025



TEAM MISSION

The swimming and diving teams of Town of Mount Royal train every week and participate in competitions against other aquatic teams. Our teams have performed remarkably, standing out in the NAA division. Proud of these accomplishments, the Piranhas teams aims to develop team spirit and perseverance and especially, to ensure that all our athletes have fun!



The participation and commitment of the parents in the activities are necessary to ensure the success of our teams. Like our athletes, it is important that all parents value team spirit, discipline and respect.

IMPORTANT INFORMATION

First meeting: **June 19th at 7:00 p.m.**

Participation in the competitions is mandatory. Participants must partake in a minimum of **two competitions**.

Transportation by bus is provided to and from swimming competitions.

We ask that each family offers a minimum of **8 hours of volunteering** (participation in two complete events).

Participants will receive a t-shirt for each team and a complimentary bathing cap.

PREREQUISITES

SWIMMING	DIVING
<p>6-8 yrs: swim crawl and back crawl nonstop for 25m and comfortable in deep water.</p> <p>9 yrs and over: swim crawl and back crawl nonstop for 50m and comfortable in deep water.</p>	<p>6 years and older. Completion of Swimmer level 3 of Swim for life program and be comfortable in deep water.</p>

TRAINING SCHEDULE

	SWIMMING	DIVING
Pre-season training June 9 th to 20 th	Monday to Friday 6 to 10 yrs: 5:00 to 5:55 p.m. 11 to 15 yrs: 6:00 to 6:55 p.m.	Monday to Friday 5:00 to 5:55 p.m.
PRE-SEASON PRICING	6 to 14 years: \$75 15 years and over: \$85	
Regular Season June 23 th to August 8 th	Monday, Tuesday, Wednesday, Friday Morning: 6 to 12 yrs: 8:00 to 9:00 13 yrs and over: 11:15 to 12:15 Evening: 8 yrs and over: 6:00 to 7:00 p.m. Wednesday trainings are in the morning. The time depends on the age of the participant. Competitions on Wednesdays at 5:00 p.m.	Monday, Tuesday and Friday 5:00 to 6:15 p.m. Competitions on Thursdays at 5:00 p.m.
REGULAR SEASON PRICING	6 to 14 yrs: \$160 15 yrs and over: \$180	6 to 14 yrs: \$145 15 yrs and over: \$160
*\$20 discount on a second team (regular season only)		

CONTACT US

Online registration on March 24th from 9:00am

Outdoor Pool: (514) 734-2948
 Aquatic Supervisor: (514) 734-2932

Follow us on Facebook:
 Piranhas Ville Mont-Royal